
Canadian Interuniversity Sport

Policies and Procedures 40 – Eligibility

Policy Number: 40.10
Name: Eligibility Policy
Origin: Eligibility Committee
Approved:
Approval Process: General Assembly
Revision Date(s): Annually at the CIS Annual General Meeting

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PREAMBLE

National competition for university athletes is administered by Canadian Interuniversity Sport. The athletes participating represent the highest competitive level of university competition in their sport. It is to be considered an honour and a privilege to participate in Canadian Interuniversity Sport events and to be a Canadian Interuniversity Sport registered athlete.

Canadian Interuniversity Sport reserves the right to govern its competition and, in doing so, to demand prerequisites from the athletes and institutions. Canadian Interuniversity Sport attempts to provide a reasonable level of fairness of competition within the framework of Canadian Interuniversity Sport Championships.

Canadian Interuniversity Sport conducts national competition for its members. Canadian Interuniversity Sport will not be accountable for extraordinary requirements, beyond those identified as Canadian Interuniversity Sport prerequisites, which are imposed by a Regional Association.

It is the moral and ethical responsibility of the Director of Athletics and the coach to be completely cognizant of the spirit and intent of all Eligibility Rules governing interuniversity sport and it is their professional responsibility to convey to all athletes the rationale and philosophical persuasion of any rule in question.

40.10.1 PRINCIPLES

The following principles are observed in the formulation of Canadian Interuniversity Sport eligibility rules:

- 40.10.1.1 Canadian Interuniversity Sport shall promote ethics, fairplay, and the opportunity for all eligible athletes to participate in interuniversity sport while pursuing their education.
- 40.10.1.2 All athletes must be demonstrating progress towards furthering their education and maintaining academic success.
- 40.10.1.3 Only Regional Association representatives (team and individual) and/or institutional representatives may enter into competition with one another in Canadian Interuniversity Sport Championships.
- 40.10.1.4 Athletes are eligible according to acceptable course load standards as established by Canadian Interuniversity Sport.
- 40.10.1.5 Authority for accepting an athlete as eligible rests with Canadian Interuniversity Sport.
- 40.10.1.6 Canadian Interuniversity Sport reserves the right to interpret and apply the Eligibility Rules and to impose penalties on athletes and members for breaches of the Eligibility Rules.
- 40.10.1.7 Canadian Interuniversity Sport competitions shall include only athletes acceptable to Canadian Interuniversity Sport as eligible.
- 40.10.1.8 The length of time an athlete may participate in Canadian Interuniversity Sport competition shall be restricted.
- 40.10.1.9 Canadian Interuniversity Sport supports the provision of benefits to athletes according to acceptable ethical practices (and within guidelines established by Canadian Interuniversity Sport).

40.10.2 GENERAL ELIGIBILITY

40.10.2.1 Jurisdiction of Rules

40.10.2.1.1 Canadian Interuniversity Sport (CIS) Eligibility Rules

40.10.2.1.1.1 These rules shall apply to all athletes participating in CIS competition, inclusive of Regional Association, Conference and non-Conference competition in any sport in which CIS recognizes, conducts and awards a national championship.

40.10.2.1.1.2 With respect to non-conference (exhibition) competition in a recognized team sport of CIS (basketball, field hockey, football, ice hockey, rugby, soccer, volleyball) during the same academic year that the institution is registered for that team sport, please note the following:

40.10.2.1.1.2.1 when athletes utilize either the traditional name or uniform of the institution's CIS team while participating on behalf of their institution in a club or community league, CIS rules shall apply.

40.10.2.1.1.2.2 when athletes do not utilize the traditional name or uniform of the institution's CIS team while participating on behalf of their institution in competition, CIS rules shall apply, with the following exceptions:

- i) If the competitions of the athletes occur out of season (that is, subsequent to the last CIS competition for the athletes in a given academic year and prior to August 15 of the same academic year), and the competitions are part of a recognized league that is sanctioned or affiliated by the respective provincial sport organization or equivalent.
- ii) If all the participating athletes are distinct from the institution's CIS team.

40.10.2.1.2 Regional Association Rules

40.10.2.1.2.1 Any deviations from CIS Eligibility Rules made by Regional Associations or institutions may only be of a more stringent nature.

40.10.2.1.2.2 The recognized Regional Associations of CIS include:

- 1) Atlantic University Sport
- 2) Quebec Student Sports Federation
- 3) Ontario University Athletics
- 4) Canada West

40.10.2.1.3 Member Institution Responsibility

40.10.2.1.3.1 The institution, inclusive of administrators and coaches and student-athletes, is responsible for placing only CIS eligible athletes into CIS competition.

40.10.2.2 Application of Eligibility Rules to New Sports Recognized by CIS

Where a new sport is adopted as a recognized sport of CIS, these Rules shall have effect on the eligibility of an athlete to participate in the new sport only from the first day of registration for the academic year next following the adoption of the new sport.

40.10.2.3 Application of Eligibility Rules to New Teams of Current Members

In the academic year immediately preceding a current member's declaration of participation in a CIS recognized sport, for the first time, and the respective team is competing under the traditional school name or uniform, the entirety of Policy 40 – Eligibility Rules shall have effect, with the exception of 40.10.4.1 (post-secondary participation). Notwithstanding the non-application of 40.10.4.1, a student-athlete who wishes to transfer to another CIS school in the immediately subsequent academic year is still subject to the transfer rule.

40.10.3 ACADEMIC REQUIREMENTS

40.10.3.1.1 Academic Year

An academic year is defined as being 365 consecutive days calculated from the first day of fall classes as set out in a member institution's official calendar. A year is defined as a period of 365 consecutive days. In the instance of a leap year, the number of consecutive days shall be 366.

40.10.3.1.2 Academic Transcript

A student's academic transcript is the official record to be used when determining and monitoring a student's status with respect to CIS Course Load requirements.

Likewise, a student's academic transcript is the official record to be used when determining and monitoring a student's status with respect to CIS Academic Standing requirements.

40.10.3.1.3 Integrated Academic Programs ~ College and University

A student-athlete has the opportunity to participate with a CIS member institution in a CIS sport while attending a college provided the student is registered in an integrated academic program between the college and the respective CIS member university, subject to all CIS regulations. There are three guidelines utilized to determine if an "integrated academic program" exists:

- i) A student-athlete is at all times registered in a degree-granting program, and
- ii) The program requires a student-athlete to attend both partner institutions in order to complete the degree; the degree cannot be completed in total at just one of the partner institutions, and
- iii) The President or designate of each of the colleges and universities participating in the program must confirm in writing that the program is an integrated academic program.

40.10.3.1.4 Integrated Academic Programs ~ Multiple Universities

A student-athlete has the opportunity to participate with a CIS member institution in a CIS sport while attending a different university provided the student is registered in an integrated academic program between the respective CIS member universities, subject to all CIS regulations.

There will be one guideline utilized to determine if an "integrated academic program" exists:

- The President or designate of each of the universities participating in the program must confirm in writing that the program is an integrated academic program.

40.10.3.2 Course Load Requirements

- 40.10.3.2.1 A student-athlete must be enrolled in a minimum of three (3) courses (minimum 9 credit hours or equivalent) in the term in which they are competing within CIS, unless there are circumstances within their academic program which would warrant an exception to this ruling and in which the university continues to declare this individual a full-time student in that term (such as graduate students as per 40.10.3.5, exchange students as per 40.10.3.3.8, registered special needs students as per 40.10.3.2.2, and co-op students as per 40.10.3.2.3).

The student-athlete's academic transcript, from the member institution he/she is representing, must recognize all semester hours that are applied to Course Load Requirements.

Athletic participation during the time period beginning on August 15 and ending at the conclusion of December 25 of the same calendar year (the "Fall Period"), is subject to Course Load Requirements of the September-December academic term encompassed by that Fall Period. Athletic Participation during the time period beginning on December 26 and ending at the conclusion of August 14 of the next calendar year (the "Winter/Spring Period") is subject to the Course Load Requirements of the January-April academic term encompassed by that Winter/Spring Period."

- 40.10.3.2.2 Special needs student-athletes are eligible provided that their post secondary institution has deemed that they are enrolled in the equivalent of either a full course load, or minimum 9 credit hours, as defined by their institution. A special needs student must be formally designated as such by the institution's special needs department or equivalent.
- 40.10.3.2.3 Any student-athlete registered in a co-op program and on a recognized work term that (i) is a recognized component of their academic program and / or (ii) is recognized for university credit, will be eligible to participate for that institution, in that term.

40.10.3.3 Academic Standing

- 40.10.3.3.1 A student-athlete who successfully completes a minimum of three full courses, or six half courses, or eighteen semester hours during the academic year at a degree granting institution, is a student in good standing for that academic year, unless there are circumstances within their academic program which would warrant an exception to this ruling and in which the university continues to declare this individual a full-time student (such as graduate students as per 40.10.3.5, registered special needs students as per 40.10.3.2.2, and co-op students as per 40.10.3.2.3). The member institution registering the CIS student-athlete must recognize all semester hours that are applied to the 18 semester hour requirement.
- 40.10.3.3.2 In order to be eligible for CIS competition, a student-athlete who has attended and been charged with a year of eligibility in a recognized sport of CIS at a degree-granting post-secondary institution must have been a student in good standing in that year.
- 40.10.3.3.3 A Special Need Student must be considered in good standing at his / her institution in order to be eligible for the following year. A special needs student

must be formally designated as such by the institution's special needs department or equivalent.

40.10.3.3.4 Any student-athlete who is ineligible to compete in CIS competition because the athlete is no longer a student in good standing, must successfully complete within an academic year; three full courses, or six half courses, or eighteen semester hours at a recognized post-secondary institution where courses are recognized for credit at the member institution registering the CIS athlete. The student-athlete is eligible for participation immediately upon successful completion of the above academic requirements.

40.10.3.3.5 Any student-athlete who has been required to withdraw by their institution can compete immediately upon successfully completing 18 credit hours within an academic year at any post-secondary institution where courses are recognized for credit at the member institution registering the CIS athlete.
Exception: Any student-athlete who successfully completes 18 credit hours, but is required to withdraw by their institution for academic reason, will be eligible upon re-admittance to any member institution, subject to the transfer rule if applicable.

40.10.3.3.6.1 Subject to Policies 40.10.3.3.4 and 40.10.3.3.5, a student-athlete transferring from a non-degree granting institution (excluding CEGEP student-athletes) to a Canadian Interuniversity Sport member institution, is considered to be a student in good standing if the student has achieved a minimum 60% average on those courses utilized to determine the student's university admission, and specific to CCAA student-athletes, has also maintained their academic eligibility in the CCAA. Please reference Policies 40.10.5.5.1 and 40.10.5.5.2 for additional regulations associated with these student-athletes.

In those instances when a student-athlete has been accepted into a CIS member institution but has not achieved the 60% requirement or has not maintained their academic eligibility in the CCAA, the student-athlete must successfully complete 9 credit hours or equivalent in a single semester prior to becoming eligible to participate.

40.10.3.3.6.2 Subject to Policies 40.10.3.3.4 and 40.10.3.3.5, a student-athlete transferring from a CEGEP to a Canadian Interuniversity Sport member institution, is considered to be a student in good standing if the student has achieved a minimum 60% average on those courses utilized to determine the student's university admission and has maintained their academic eligibility in the QSSF.

In those instances when a student-athlete has been accepted into a CIS member institution but has not achieved the 60% requirement while maintaining their academic eligibility in the QSSF, the student-athlete must successfully complete 9 credit hours or equivalent in a single semester prior to becoming eligible to participate.

In those instances when a student-athlete has been accepted into a CIS member institution but has not maintained their academic eligibility in the QSSF, the student-athlete must successfully complete 18 credit hours or equivalent within an academic year prior to becoming eligible to participate. The student-athlete is

eligible immediately upon successful completion of the above academic requirements.

40.10.3.3.7 A student-athlete who enrolls in post-secondary education (excluding CEGEP) for the first time at any CIS member institution in January, and who successfully completes a minimum of three half courses or nine semester hours prior to the first of September of the following academic year, is a student in good standing.

40.10.3.3.8 A student-athlete officially classified by a member institution as an academic exchange student shall be exempt from the applicable transfer rule (40.10.5.3.3) and academic standing rule (40.10.3.3.2) so that they can be immediately eligible to participate in CIS competition for one competitive season at the CIS institution they are attending as an exchange student, subject to all other regulations. The requirements of regulation 40.10.5.3.3 (non-Canadian degree granting transfer students) would be applied in the student-athlete's second competitive season in the event he/she remains at the CIS institution.

(note 1: An exchange student is a student who is involved in an established academic exchange program between a CIS member institution and a non-Canadian post-secondary degree-granting institution.)

(note 2: in those instances where a CIS student-athlete participates with a non-Canadian post-secondary degree-granting institution while classified as an academic exchange student, all eligibility regulations apply with the exception of the transfer rule, i.e. the student-athlete does not have to sit out one year when they return from their exchange school to their original CIS school).

40.10.3.3.9 Any athlete officially classified by a member institution as a visiting student, shall be subject to all Eligibility Rules at the institution they are attending as a visiting student.

(note 1: a visiting student is a student who is taking courses at one institution which leads to a degree at another institution.)

40.10.3.4 Graduating Year

An athlete who completes a degree during a previous academic year is eligible to participate in CIS competition notwithstanding that the athlete did not, during that previous academic year, successfully complete sufficient courses to maintain the status of "student in good standing".

40.10.3.5 Graduate Student

An exception to 40.10.3.2 (Course Load) and / or 40.10.3.3 (Academic Standing) is available to an athlete registered as a full-time student in any graduate program offered by a member institution.

- 40.10.3.5.1 A student-athlete, who enrolls in either a doctorate, master's degree, or first professional degree (as classified by AUCC) at a member institution, and who attended another institution the previous academic year, shall retain any available CIS eligibility to participate immediately. This shall be a one-time allowance.

40.10.4 ATHLETIC REQUIREMENTS

40.10.4.1 Post-Secondary Participation (conference and non-conference)

40.10.4.1.1.1 The appearance of the name of an athlete on any score sheet or entry form or results sheet or equivalent, within CIS, shall be deemed participation in that game or competition for which the athlete was registered.

40.10.4.1.1.2 Specific to wrestling and the appearance of the name of an athlete on an Eligibility Certificate, the appearance of the name of an athlete on any entry form or results sheet (or equivalent) prior to their Conference Championship (or equivalent) shall be deemed as participation in that competition for which the athlete was registered. This includes any competition where the athlete was registered as a club wrestler (or equivalent). Further, with the exception of the CIS National Championship and the Conference Championship (or equivalent), all competitions are considered to be non-conference (exhibition) competitions.

40.10.4.1.2.1 Within CIS, an athlete shall be charged with a year of eligibility for each year of competition where the athlete participated in any one of the following:

- a) Participation in three or more non-conference competitions or tournaments, wherein any number of competitions that occur during three consecutive days shall count as one non-conference competition for the purposes of this rule. This includes participation within a club or community league, beyond CIS conference competition, during the academic year.

A non-conference or exhibition competition shall be recognized as such if any one of the following conditions exists (unless otherwise designated as a Conference competition):

- i. The competition is scheduled and publicized in advance;
 - ii. Official score is kept;
 - iii. Individual or team standings are maintained;
 - iv. Admission is charged;
 - v. Teams are regularly formed or team rosters are predetermined; or
 - vi. Team uniforms are utilized.
- b) With the exception of men's football, participation in any conference competition if there is a non-conference schedule in that sport as determined by the institution, irrespective of the participation of the student-athlete in the non-conference schedule.
In the sport of football, and where a team has a one-game exhibition schedule, a student-athlete may participate in one regular season game without consuming a year of eligibility.
 - c) Participation in two or more conference competitions if there is no non-conference schedule in that sport as determined by the institution.
 - d) Any participation in a conference playoff or conference-specific competitive structure that determines qualification to a CIS Championship.
 - e) Any participation in a CIS Championship.

40.10.4.1.2.2 If a CIS student-athlete suffers a season-ending injury or illness after surpassing current eligibility thresholds outlined in rule 40.10.4.1.2.1, the school, on behalf of the student-athlete, may request relief of the rule by submitting a Season-Ending Injury Form (40.20.2.7) as per the parameters established in 40.20.2.6.

40.10.4.1.3 Within another post-secondary jurisdiction other than CIS, an athlete shall be charged with a year of eligibility in a CIS recognized sport in accordance with that jurisdiction's regulations. If the jurisdiction doesn't charge eligibility, CIS does not consider eligibility to be consumed. The jurisdiction's definition of participation is respected as well.

Note: Although non-Canadian jurisdictions may recognize a distinction between, for example, indoor and outdoor track & field, and freestyle and roman-greco wrestling, the CIS recognizes all of these as equivalents to its related CIS sport.

40.10.4.1.4 Participation which occurs exclusively within a club or community league involving a CIS member in a CIS recognized sport will not result in the charging of a year of eligibility.

40.10.4.1.5 Athletes participating and representing their institution in sport recognized by CIS prior to August 15th will be considered to have participated in the academic year in which such participation occurred. Participation on or after August 15th will be considered as participation in the following academic year.

40.10.4.1.6 An athlete who was not registered in the required number of courses for CIS competition as per 40.10.3.3 in the fall term (September-December), but who has registered for the required number of courses for CIS competition as per 40.10.3.3 in the winter term (January-April), shall be eligible to participate as of December 26 in that academic year.

40.10.4.2 CEGEP Participation

40.10.4.2.1 CEGEP athletes shall be charged with a year of CIS eligibility for each year of participation beyond three (3) years in CEGEP athletic programs in a recognized sport of CIS, with the following exceptions:

40.10.4.2.2 Within Men's Basketball, a student-athlete, who has used up his high school eligibility outside Quebec, or graduated from high school in their home province (excluding Quebec), and is attending a CEGEP, shall be charged with a year of eligibility for each year or partial year of participation in CEGEP basketball.

40.10.4.2.3 Within Men's Football, regulation 40.10.6.3.1 takes precedence.

40.10.4.3 Maximum Years

40.10.4.3.1 An athlete shall be allowed to participate in CIS competition for five (5) years.

40.10.4.3.2 An athlete who has been assessed a season of competition (or a year of eligibility or equivalent) in any recognized sport(s) of CIS in four academic years within a non-Canadian post-secondary jurisdiction is ineligible for CIS competition.

Exception: Student-athletes who have been assessed at least one season of competition in each of four academic years, without having exhausted their non-Canadian eligibility in a sport, during or prior to 2007-08 are exempt from this rule.

40.10.4.3.3 An athlete who has completed their eligibility to participate in any recognized sport of CIS within another post-secondary jurisdiction, in accordance with that jurisdiction's rules, is ineligible for CIS competition, with the following exceptions:

- a) NJCAA (or equivalent) student-athletes
- b) NCAA and NAIA student-athletes who have been assessed a season of competition (or equivalent) in three or less academic years but are no longer eligible for NCAA or NAIA competition because of the jurisdiction's respective time-clock / terms of attendance regulations.
- c) CEGEP student-athletes are subject to Policy 40.10.4.2 "CEGEP Participation".
- d) CIS registered student-athletes who participate concurrently at institutions that hold dual membership in the both the CIS and another jurisdiction (e.g. NAIA, CCAA) shall not forfeit their fifth (5th) season of CIS eligibility if they participate in four (4) years of competition in that other jurisdiction as a CIS registered student-athlete, in the same sport.

40.10.4.4 Canadian Citizenship

Within Men's Basketball, the following rules regarding Canadian Citizenship are in effect:

A member institution shall be permitted to use a maximum of three athletes who are not Canadian Citizens or who do not have landed immigrant status in Canada for CIS competition.

40.10.4.5 Requirements of Athletes

- 40.10.4.5.1 An athlete is responsible for making an honest, full, and continuing disclosure to his or her institution of all matters that affect his or her eligibility; and,
- 40.10.4.5.2 The athlete must have represented the declaring institution, with the exception of open national championships, in the designated Regional Association, league and/or conference championship or similar event as legislated by CIS rules for that event unless the CIS Office representative is satisfied that the athlete has a valid reason for non-participation; and,
- 40.10.4.5.3 must have fulfilled CIS requirements which determine who will represent the conference, region, and/or institution in that sport, in that year; and,
- 40.10.4.5.4 must have maintained the requirements for eligibility up to and inclusive of participation in the National Championships.

40.10.4.6 Eligibility for Conference Championship

An athlete may not participate in conference, regional or National Championships unless the athlete was eligible to participate prior to the conclusion of the last regular season game or event or equivalent in the sport conference or equivalent within which they would compete.

40.10.5 STUDENTS ENTERING A CANADIAN INTERUNIVERSITY SPORT INSTITUTION

40.10.5.1 Students Entering Directly from High School or CEGEP

A student entering a CIS member institution direct from high school or CEGEP, is eligible to participate immediately in a recognized sport of CIS, provided that he / she has achieved a minimum of 60% average or equivalent on those courses utilized to determine the student-athlete's university admission; and particular to CEGEP student-athletes, they must also have maintained their academic eligibility in the FQSE.

In those instances when a student-athlete has not achieved the 60% requirement but has been accepted into a CIS member institution, the student-athlete must successfully complete 9 credit hours or equivalent in a single semester prior to becoming eligible to participate.

A mature student, as defined by the accepting institution, and who has not participated within a post-secondary institution, and who has maintained their academic eligibility in the FQSE (particular to CEGEP student-athletes), would be an exception to the above minimum standards.

40.10.5.2 Discontinuance of a Sport (post-secondary degree granting)

Notwithstanding an athlete who is registered at a post-secondary degree granting institution and who successfully completes at least one academic year at that institution, shall be allowed to transfer to a member institution and participate immediately when the original institution cancels the sport. All other eligibility regulations continue to apply.

40.10.5.3 Discontinuance of an Undergraduate Program (post-secondary degree granting)

An athlete who is registered at a post-secondary degree institution, which has discontinued the undergraduate program in which the athlete was registered, shall be allowed to transfer to a member institution and participate immediately when the original institution cancels the undergraduate program. All other eligibility regulations continue to apply.

40.10.5.4 Student-Athletes Entering Directly from another Canadian Interuniversity Sport Institution

40.10.5.4.1 Participation

40.10.5.4.1.1 An athlete, who has participated in a recognized sport of CIS at a member institution, irrespective of consuming a year of eligibility for that participation, shall not be eligible to transfer and participate in the same sport at another member institution in the same academic year.

40.10.5.4.1.2 Within men's football, any athlete attending a training camp at one institution cannot participate for another CIS member institution in the same competitive season.

40.10.5.4.1.3 Within men's football, it is unacceptable for non-registered student-athletes to practice with a member's team in spring training camps and out-of-season practice sessions. Such practices are restricted to CIS eligible registered students of that institution.

- a) Since Canada West has traditionally held spring camps, Canada West may continue this practice with the proviso that only student-athletes within the Canada West boundaries be allowed to participate in these camps. This traditional territory is defined as extending from British Columbia to Thunder Bay, Ontario.
- b) A student-athlete is considered to be from within the “traditional Canada West boundaries” if where they currently play or where they last played for is/was within these boundaries.

40.10.5.4.2 A student-athlete who transfers from one CIS member institution team to another member institution team after having been assessed one year of eligibility, must not participate in any competition (conference or non-conference) for a period of one year in the recognized sport of CIS in which such athlete participated at the previous CIS institution in order to be eligible for CIS participation. Reference 40.10.3.5.1 – Graduate Student and 40.10.5.4.3 for exceptions.

40.10.5.4.3 For academic years 2008-09, 2009-10, and 2010-11, and specific to the sports of swimming, track & field, and cross-country running, a student-athlete can transfer to a CIS institution from any degree granting post-secondary institution without restriction in an immediately subsequent academic year if all the following conditions are satisfied:

- i) The student-athlete is transferring prior to the start of the first date of class of what would be his/her second consecutive academic year at the post-secondary institution; and,
- ii) The student-athlete has not previously attended and been charged with a year of eligibility at another post-secondary institution prior to the one they are seeking an unrestricted transfer from; and,
- iii) The CIS school the student-athlete is transferring to has successfully applied for CIS approval by using form 40.30.3.4.2.

Please note, all recruiting regulations continue to apply.

40.10.5.5 Student-Athletes Entering Directly from a Non-Canadian Interuniversity Sport post-secondary Institution

40.10.5.5.1 Canadian Colleges Athletic Association (CCAA)

A student-athlete, who transfers to a member institution team from a post secondary degree or non-degree granting institution team that participates in the Canadian Colleges Athletic Association leagues shall be eligible to participate immediately in CIS competition, unless:

- a) the athlete has participated in any post-secondary institution game or games in that semester or term, or
- b) the athlete has not achieved a minimum 60% average or equivalent on those courses utilized to determine his / her university admission as per Policy 40.10.3.3.6 or
- c) commencing in academic year 2008-09, the athlete has not maintained his/her academic eligibility to continue participating in the CCAA, or
- d) the athlete has completed his/her CCAA eligibility as per Policy 40.10.4.3.2.

40.10.5.5.2 Non-Degree Granting Institutions (excluding CCAA)

A student-athlete, who enters a CIS member institution after most recently attending a post secondary non-degree granting community or university college (within Canada or otherwise) shall be eligible to participate immediately in CIS competition, unless:

- a) the athlete has participated in any post-secondary institution game or games in that semester or term, or
- b) the athlete has not achieved a minimum 60% average or equivalent on those courses utilized to determine his / her university admission as per Policy 40.10.3.3.6.1 (Academic Standing), or
- c) the athlete has completed his/her eligibility to participate in any recognized sport of CIS as per Policy 40.10.4.3 (Maximum Rules).

40.10.5.5.2.1 Within men's football, any athlete attending a training camp at one institution cannot participate for a CIS member institution in the same competitive season.

40.10.5.5.3 Non-Canadian Degree Granting Institutions

40.10.5.5.3.1 Subject to 40.10.3.3.1 and 40.10.4.3, a student-athlete, who transfers to a CIS member institution team from a non-Canadian post-secondary degree granting institution team (such as the NCAA and NAIA), cannot participate for a period of one year in the sport in which such athlete participated at the previous post secondary institution in order to be eligible for CIS participation. Reference 40.10.3.5.1 – Graduate Student and 40.10.5.4.3 for exceptions.

40.10.5.5.3.2 An athlete, who has participated in a recognized sport of CIS in a non-Canadian degree granting jurisdiction, irrespective of consuming a year of eligibility for that participation, shall not be eligible to transfer and

participate in the same sport at a CIS member institution in the same academic year.

40.10.5.5.3.3 Within men's football, any athlete attending a training camp at one institution cannot participate for a CIS member institution in the same competitive season.

40.10.6 PARTICIPATION OF CANADIAN INTERUNIVERSITY SPORT STUDENT-ATHLETES IN NON-CANADIAN INTERUNIVERSITY SPORT COMPETITION

40.10.6.1 National Team Membership

40.10.6.1.1 An athlete who is an official member of a Canadian National Team in a CIS team sport (football, field hockey, soccer, rugby, volleyball, basketball, ice hockey), who attends a National Designated Training Centre, as determined by Sport Canada or the respective National Sport Federation, shall not be eligible to participate in CIS competition for the institution that is designated as the National Training Centre. Exceptions are noted within Policies 40.10.6.1.4 and 40.10.6.1.5 for men's and women's volleyball respectively.

40.10.6.1.2 An athlete who is a member of a Canadian National Team during an academic year, is eligible to participate in a recognized sport of Canadian Interuniversity Sport, provided that the athlete is registered in enough courses to fulfill 40.10.3.2 at the time of participation.

40.10.6.1.3 Upon successful application, an athlete who has been charged with a year of eligibility in a recognized sport of CIS at a degree-granting post-secondary institution, and who was also a member of a Canadian National Team in the same academic year, shall be considered to have satisfied Academic Standing Requirements if he/she successfully completes a minimum of 9 semester hours, 3 half courses, or equivalent. A member institution must submit an application on behalf of a student-athlete to the CIS staff person responsible for eligibility, including confirmation of National Team membership for the academic year in question from the NSO or respective National Team coach.

40.10.6.1.4 Within Men's Volleyball, a student-athlete may not train or compete for the Senior Men's National Team (of Canada or otherwise) and a CIS institution within the time period of September 1 of one calendar year and March 31 of the subsequent calendar year.

Exceptions:

40.10.6.1.4.1 In an Olympic year an athlete who is on the Senior Men's Team competing at the Olympic Games may begin CIS competition in the winter semester if competing in the Olympic Games precludes the athlete from registering for courses in the fall.

40.10.6.1.4.2 A current CIS student-athlete may compete with the Senior Men's National Team during the CIS season without losing a year of eligibility under the following stipulations:

- o The total time spent with the National Team shall not exceed twenty-one (21) days total;

- A maximum of three (3) days of practice prior to competition is allowed for training with the team.
- 40.10.6.1.4.3 In the event of an injury to a Team Canada player on the official FIVB 02 form of a major international event after September 1, a CIS player, registered on the official FIVB 02 form may replace the injured player. This circumstance may require the player to exceed the allowable 21 days to prepare with Team Canada immediately if necessary and beyond the allowable 3 days of training prior to the event.
- 40.10.6.1.4.4 The period in which an athlete participates with the national team program shall not count towards a sit out year as per transfer rules.
- 40.10.6.1.4.5 All national team eligibility rules shall apply in the same manner to non-Canadian athletes who wish to compete for their respective national teams during the CIS season.
- 40.10.6.1.5 Within Women's Volleyball, a National Team athlete must be in at least their second year of eligibility to be dual-centered. Dual-centered refers to the situation wherein the National Team program continues through the Fall portion of the CIS season (September to December). In this case athletes in at least their second year of eligibility would be able to return to their CIS team for the second half of the season (January to March). Further, an official member of the National Team (dual-centered) must sever all ties with their respective CIS team during the CIS season. They shall not participate in meetings, practices or other functions with their CIS team until the National Team Centre has finished its program for that year.

In those instances where the National Team's competitive schedule is such that one or more major international competitions (NORCECA, Olympics, Olympic Qualifier, World Championships, Zone Championships) occur during the season, a CIS student-athlete is permitted to participate with both the National Team and their CIS team if all the following conditions are satisfied:

- Participation in meetings, practices or other functions of their CIS team is discontinued during the time period the student-athlete begins training and/or competing with the National Team, through to the completion of the major international competition in which the student-athlete is participating; and,
- The student athlete is limited to participating with the National Team on two separate occasions during the season; and,
- The student-athlete is required to satisfy CIS Course Load Requirements when participating with their CIS team, and the student-athlete must satisfy CIS Academic Standing Requirements to remain eligible the following academic year.

40.10.6.2 Participation as a Professional

40.10.6.2.1 Any professional athlete may participate in CIS competition one year from the date that the athlete last participated in a professional game or event in that sport.

40.10.6.2.2 An athlete who participated in a professional league game, playoff game, or event in a recognized sport of CIS, in the same academic year in which the athlete has participated in post-secondary competition in a recognized sport of CIS, shall only be charged with one year of eligibility. The recognized sports of CIS include football, field hockey, soccer, rugby, volleyball, basketball, ice hockey, cross-country running, track & field, swimming, and wrestling.

40.10.6.2.3 One year of eligibility shall be charged to a professional athlete for each year that the athlete participated in a recognized sport of CIS as a professional, specifically:

40.10.6.2.3.1 Basketball – Men’s

40.10.6.2.3.1.1 Professional Athlete

A Professional Athlete is one who receives any kind of payment, directly or indirectly for participation in the sport of basketball except as permitted by governing rules of CIS, and shall include, irrespective of direct or indirect payment, any athlete who has Professionally Participated with a Professional Team, or in a Professional League.

40.10.6.2.3.1.2 Professional Participation

An athlete who appears in, or whose name is listed on the game sheet, for any 3 games in a calendar year on a Professional Basketball Team or in a Professional League, shall be deemed to have competed professionally and be subject to CIS Participation as a Professional Policy (40.10.6.2).

40.10.6.2.3.1.3 Professional Team

A Professional Team is one that:

- a) is a member of a recognized professional sports organization; or
- b) participates in a Professional League; or
- c) is directly supported or sponsored by a Professional Team or supported by a professional sports organization; or
- d) is a member of a playing league that is directly supported by a Professional Team or professional sports organization; or
- e) has an athlete receiving any kind of payment, salary, bonus, stipend, allowance, incentive, or any other type of benefit, collateral or otherwise, as a direct or indirect result of their association with a team or professional sports organization.

40.10.6.2.3.1.4 Professional Leagues

For the purpose of these rules and regulations, Professional Leagues shall include, but not necessarily be restricted to, the following:

- a) The National Basketball Association (NBA).
- b) The Continental Basketball Association (CBA).
- c) The International Basketball Association (IBA).
- d) The International Basketball Federation (IBF).
- e) The United States Basketball League (USBL).

- f) The International Basketball League (IBL)
- g) The top three (3) divisions of competition, whether professional or amateur, in any country outside of Canada (excluding post-secondary academic jurisdictions, which are subject to 40.10.4.1.3, 40.10.4.3, and 40.10.5.3).

40.10.6.2.3.1.5 Exemptions

- i) Any participation that occurs prior to September 1 of the year of the athlete's 20th birthday, shall be exempt from the application of this rule.
- ii) A student athlete who participates in both the Canadian Basketball Association (when in operation) and CIS in the same academic year shall be exempt from the application of this rule.

40.10.6.2.3.2 Basketball – Women's

There are no CIS designated professional leagues in women's basketball.

40.10.6.2.3.3 Cross-Country

There are no CIS designated professional leagues in cross-country.

40.10.6.2.3.4 Field Hockey – Women's

There are no CIS designated professional leagues in field hockey.

40.10.6.2.3.5 Football – Men's

- 40.10.6.2.3.5.1 An athlete may attend a CFL training camp(s) and participate in a pre-season CFL exhibition game(s) without being considered a professional.
- 40.10.6.2.3.5.2 An athlete shall be classified a professional for any year in which he has dressed for a CFL team during a regular season or play-off game.
- 40.10.6.2.3.5.3 An athlete whose name appears on a Canadian Football League practice roster, reserve list, injury list, suspended list, or retired list after August 15 shall be ineligible for CIS competition in the year that his name appears on such CFL roster. Further, by remaining on that list, the student athlete consumes one year of CIS eligibility.
- 40.10.6.2.3.5.4 An athlete shall be considered a professional for that year in which his name appears, with his acquiescence, on any CFL list other than that in 40.10.6.2.3.5.3, where the inclusion of the athlete's name on such other list directly or indirectly confers a monetary benefit on the athlete after August 15.
- 40.10.6.2.3.5.5 The NFL, NFL - Europe and the Arena Football Leagues are designated as professional leagues in Football.

40.10.6.2.3.6 Ice Hockey – Men’s

- 40.10.6.2.3.6.1 Any participation as a professional subsequent to the 10th of January in the same competitive year as participating in CIS hockey shall render the athlete ineligible for CIS competition for the following season.
- 40.10.6.2.3.6.2 European Hockey Leagues in any division are recognized as professional leagues.
- 40.10.6.2.3.6.3 An athlete who has participated in any league classified by CIS as professional prior to December 31 of the year that athlete turns 21, and who has not participated in CIS hockey in the same academic year as his professional participation, shall:
 - a) Not be charged with having consumed CIS eligibility, and
 - b) Be eligible to participate upon entry.
- 40.10.6.2.3.6.4 With respect to professional team training camps and exhibition games, a men’s ice hockey player is not considered to have participated professionally regardless of the number of exhibition games played in. Participation in a league defined as professional by CIS is only recognized at the moment an athlete’s name appears on the roster of a regular season or playoff professional game.
- 40.10.6.2.3.6.5 A member institution may make an application (to the CIS Office Representative for eligibility) for a one game exemption to the professional participation rules for a CIS men’s hockey goalie in those instances when a professional team is requiring an “emergency” call-up. Such application must include the following information:
 - i) detail the traditional 'call-up' process of the professional team (from which teams in which leagues)
 - ii) detail the circumstances that preclude the professional team from utilizing their traditional 'call-up' process
 - iii) detail when contact was made requesting the emergency 'call-up', who initiated the contact, and who were all the parties involved in the contact
 - iv) please confirm the regulations of the professional jurisdiction relating to the number of goalies that must be dressed for any game

40.10.6.2.3.7 Ice Hockey – Women’s

There are no CIS designated professional leagues in women’s ice hockey.

40.10.6.2.3.8 Rugby – Women’s

There are no CIS designated professional leagues in rugby.

40.10.6.2.3.9 Soccer

An athlete shall be considered a professional for that year in which the athlete played soccer in a semi-professional or professional league, unless the athlete played under the classification of amateur and possessed an amateur card as provided by a National Soccer Association.

Specific to Major League Soccer (MLS), players who participate exclusively under a Developmental or Developmental International Contract are classified as amateurs.

40.10.6.2.3.10 Swimming

There are no CIS designated professional leagues in swimming.

40.10.6.2.3.11 Track & Field

There are no CIS designated professional leagues in track & field.

40.10.6.2.3.12 Volleyball – Men’s

If an athlete, Canadian or otherwise, participates in a league that is identified by Volleyball Canada as being subject to an International Transfer Fee (or equivalent) for the services of a Canadian athlete, each year in which the athlete participates in that league shall count for one year of CIS eligibility and that athlete shall be deemed to be a "professional". Any such participation prior to June 2006 by a non-Canadian athlete who has participated in the CIS subsequent to 2005-2006 is exempt.

40.10.6.2.3.13 Volleyball – Women’s

There are no CIS designated professional leagues in women's volleyball.

- 40.10.6.3 Other Participation Rules for Canadian Interuniversity Sport athletes in Non-Canadian Interuniversity Sport competition
- 40.10.6.3.1 Men's Football
Subject to Policy 40.10.4.3 (Maximum Years), a student-athlete's eligibility is limited to the time periods specified below:
- 40.10.6.3.1.1 High School Graduates outside of Quebec (7-year rule)
Beginning with academic year 2008-09, a student-athlete shall complete his eligibility within seven academic years, calculated from the beginning of the academic year immediately following the earlier of his high school graduation or completion of high school eligibility.
- 40.10.6.3.1.2 Quebec High School Graduates (8-year rule)
Beginning with academic year 2008-09, a student-athlete shall complete his eligibility within eight academic years, calculated from the beginning of the academic year immediately following the earlier of his high school graduation or completion of high school eligibility.
- 40.10.6.3.1.3 High School Graduates outside of Quebec (2007-08 and prior)
Beginning with the 2003-2004 academic year, a student-athlete who has used up his high school eligibility outside of Quebec, or graduated from high school in their home province (excluding Quebec), shall be charged with a year of CIS eligibility for each year of participation beyond two years at any level of tackle football.
- 40.10.6.3.1.4 Quebec High School Graduates (2007-08 and prior)
Beginning with the 2003-2004 academic year, upon graduating from a Quebec high school, an athlete shall be charged with a year of CIS eligibility for each year of participation beyond three years at any level of tackle football, including but not limited to midget, junior, and CEGEP.
- 40.10.6.3.2 Men's Ice Hockey
- 40.10.6.3.2.1 An athlete who participates in ice hockey outside of CIS competition subsequent to January 10 shall be ineligible to participate in CIS competition in that competitive season. This does not apply to student-athletes who have been requested to participate in two or less exhibition games or events with the National Team.
- 40.10.6.3.2.2 An athlete may participate in CIS and other CHA competition prior to and including the 10th of January in a competitive CIS season. Any continuing participation in both CIS and other CHA competition subsequent to the 10th of January in that same competitive year shall render the athlete ineligible for CIS competition for the following season. That is, an athlete must choose to participate exclusively within the CIS or exclusively within the CHA subsequent to the 10th of January. This does not apply to student-athletes who have been requested to participate in two or less exhibition games or events with the National Team.

40.10.7 RECRUITING REGULATIONS

40.10.7.1 Recruiting – Letter of Intent

- 40.10.7.1.1 A prospective student-athlete can formally declare his/her intention to attend a specific CIS member school during the upcoming academic year by signing a Letter of Intent (the minimum requirements, conditions, and obligations of a Letter of Intent are detailed in Policy 40.30.4).
- 40.10.7.1.2 Following the signing of a Letter and the posting of the prospective student-athlete's name to the CIS Letter of Intent Registry, all CIS members are to discontinue further recruitment of the prospective student-athlete; CIS members are required to reference the CIS Letter of Intent Registry prior to contacting a prospective student-athlete.
- 40.10.7.1.3 It is at the discretion of a CIS member school to include the terms of Athletic Financial Awards within a Letter of Intent, however when included, the school is expected to honor those terms.
- 40.10.7.1.4 A Letter of Intent is null and void if the prospective student-athlete is not admitted to the CIS institution that they signed with, or if the student is not accepted into their academic program of choice (where applicable and noted on a student's application for admission or equivalent), or if the student does not satisfy CIS Academic Standing Requirements.
- 40.10.7.1.5 A Letter of Intent can be nullified upon agreement by the student-athlete and the school in accordance with Policy 40.30.4.
- 40.10.7.1.6 In those instances where a Letter of Intent is not nullified and a student-athlete attends another CIS institution other than the one with which he/she signed, that student-athlete is unable to receive an Athletic Financial Award in their entering academic year.

40.10.7.2 Recruiting - High School and CEGEP Student-Athletes

- 40.10.7.2.1 Before approaching a high school or CEGEP student, the Director of Athletics or the coach shall first contact the person in charge of the high schools' or CEGEP's athletic program or high school coach of the student to inform them of the contact.
- 40.10.7.2.2 In the event the above contact cannot be made and a CIS coach wishes to speak with a recruit on the day that a prospective student-athlete is competing, contact can only occur after the prospective student-athletes final competition of that day and once they have been released by the appropriate institutional authority and leave the dressing and meeting facilities. Recruiting camps are excluded from this rule.

40.10.7.3 Recruiting – CCAA Student-Athletes (of non-CIS member schools)

- 40.10.7.3.1 When recruiting an athlete at the college level, the initial contact shall be through the Director of Athletics or coach of the college team to inform them. If an athlete from a college team makes an initial contact, the head coach of the CIS institution must notify the college Director of Athletics or coach. Exception: If the athlete participates at a CIS member school in a non-CIS jurisdiction, Recruiting Regulation 40.10.7.4.1 applies.
- 40.10.7.3.2 In the event the above contact cannot be made and a CIS coach wishes to speak with a recruit on the day that a prospective student-athlete is competing, contact can only occur after the prospective student-athlete's final competition of that day and once they have been released by the appropriate institutional authority and leave the dressing and meeting facilities. Recruiting camps are excluded from this rule.

40.10.7.4 Recruiting – CIS Student-Athletes

- 40.10.7.4.1 Student-athletes who are already attending a CIS member institution shall not be contacted for the purpose of recruiting by a CIS Athletic Department representative. The definition of a student-athlete in terms of identifying them for the purpose of recruiting at the school they are attending is:
- a) When they have signed a Letter of Intent, or
 - b) When they have participated in any training or competition, or
 - c) When their name has appeared on an Eligibility Certificate.
- 40.10.7.4.2 In the case of a potential transfer from a CIS institution when the student-athlete (or his / her designate) initiates the contact, the CIS coach or Athletic Department representative contacted shall immediately notify his/her Director of Athletics who in turn shall inform the Director of Athletics of the CIS institution in which the athlete is enrolled.

40.10.7.5 Participation of Prospective Student-Athletes

- 40.10.7.5.1 For the sports of basketball, field hockey, football, ice hockey, volleyball, rugby and soccer it is unacceptable to have a prospective athlete practice with or occupy the bench of a member's team during the competitive season. The competitive season is considered to begin on the first day of training / practice and end upon conclusion of the final competition for which a team is eligible to participate in conference and playoff competition. Within men's football, it is unacceptable for non-registered student-athletes to practice with a member's team in spring training camps and out-of-season practice sessions. Such practices are restricted to CIS eligible registered students of that institution. The exception to this would be regulation 40.10.5.2.1.3 a) & 40.10.5.2.1.3 b) (Canada West).

40.10.7.6 Recruiting Trips and Travel

40.10.7.6.1 University funding of liaison / recruiting trips for prospective athletes is acceptable providing these trips are consistent with general university policy, however CIS limits a member institution or representative to finance only one visit every 365 days to its campus for a prospective athlete.

40.10.7.6.2 A university or its representatives are prohibited from paying, providing, or arranging for the payment of transportation costs incurred by relatives or friends of a prospective athlete to visit the campus or elsewhere.

40.10.7.7 Recruiting Black-Out Periods – Men’s Football

40.10.7.7.1 For the purpose of athletic-related recruiting, there will be no contact of prospective student-athletes by any person representing a CIS institution from December 23rd to January 2nd inclusively.

40.10.7.7.2 For the purpose of athletic-related recruiting, there will be no contact of prospective student-athletes by any person representing a CIS institution within five clear days of the start of the East-West All-Star Game and one clear day following the completion of the East-West All-Star Game.

40.10.7.8 Offers and Inducement

40.10.7.8.1 In recruiting a student-athlete, a CIS member can only provide the prospective recruit with product and/or services not exceeding \$50.00 (CDN), over and above what is provided the general prospective student population.

40.10.7.9 Alumni

40.10.7.9.1 Alumni organizations and individuals who are officially affiliated with the university must be governed by university and CIS policy.

40.10.7.9.2 CIS member institutions shall pursue an active policy of informing and educating independent alumni of the importance of operating in accordance with university and CIS policy.

40.10.7.9.3 The onus shall be on each CIS member institutions to advise any alumni who function in violation of CIS rules and regulations that they jeopardize the participation of the respective student-athlete(s) and/or their university in interuniversity sport.

40.10.7.10 Employment

- 40.10.7.10.1 Prospective and CIS athletes employed by a university in a recognized university or departmental position are to be paid at a rate not to exceed the standard rate of pay established by the institution for similar positions.
- 40.10.7.10.2 Prospective and CIS athletes employed by the athletic department, or departmental staff running private camps or clinics are to be paid at a rate comparable to the rate of pay of other employees of similar experience.
- 40.10.7.10.3 Such employees may not receive housing (free, reduced or subsidized), or any form of travel subsidy in connection with this employment. Housing may only be provided (free, reduced or subsidized) if the camp or clinic involves overnight accommodation for the participants and the employee is directly responsible for supervision as part of the employee contract.